



KATY TEEN & FAMILY COUNSELING

GROUP THERAPY FOR TEENS

- Have you watched as your teen has changed and more than the normal “teen phase” all teens go through?
 - Has your teen gone from a once happy teen to a teen who is sad most of the time?
 - Has the confidence of your teen been challenged by anxiety, social anxiety, or panic attacks?
 - Is your teen struggling with anger and irritability?

YOU ARE NOT ALONE

In October of 2021, the American Association of Pediatrics and the American Academy of Child and Adolescent Psychiatry declared a “national emergency” in teen mental health.

At Katy Teen & Family Counseling, we specialize in teen counseling and family therapy for teens who are struggling with these challenges.

We are pleased to announce that we are starting group therapy for teens at Katy Teen & Family Counseling.

This group is led by Jason Drake, LCSW-S, BCN. Jason is the Owner & Lead Clinician at Katy Teen & Family Counseling and has been providing counseling to teens and families since 2003.



When: Tuesday's at 6:30 p.m. to 7:30 p.m. starting Tuesday January 11th, 2022.



Where: At Katy Teen & Family Counseling
23410 Grand Reserve Drive, Ste. 401 & 402, Katy, 77494



Ages: 14-17



How Long: This is an 8-week group and space is limited to the first 8 teens who RSVP.



How Much: Each group is \$70 each and is paid in advance.



How Do I RSVP?

If you are interested in your teen attending, you can contact Tina James at: 346-202-4662.